



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mains</b>	<b>MEAT FREE MONDAY</b> Margherita Pizza served with Potato Wedges	Chicken Tikka Curry served with mixed rice and Naan Bread	<b>ROAST DINNER</b> Beef with all the trimmings and Yorkshire pudding	Meatballs in BBQ Sauce with Pasta	<b>FISHY FRIDAY</b> Classic Fish Fillet with Chips and Tomato Sauce
<b>Vegetarian Option</b>	Vegetable Lasagne served with Potato Wedges	Vegetable Tikka Curry served with mixed rice and Naan Bread	Quorn Sausage with all the trimmings and Yorkshire pudding	Tomato and Basil Pasta Bake	Mozzarella, Tomato and Cheese Melt Baguette with Chips and Tomato Sauce
<b>Vegetable Jacket Potato Choice</b>	<b>Sweetcorn</b> Jacket Potato with a choice of Beans, Cheese, or Cheesy Beans Cheesy	<b>Cauliflower</b> Jacket Potato with a choice of Beans, Tuna, Cheese or Cheesy Beans	<b>Mixed Vegetables</b> Jacket Potato with a choice of Beans, Cheese, or Cheesy Beans	<b>Carrots</b> Jacket Potato with a choice of Beans, Tuna, Cheese or Cheesy Beans	<b>Garden Peas or Baked Beans</b> Jacket Potato with a choice of Beans, Cheese, or Cheesy Beans
<b>Salad and Fruit Bar</b>	Salad and fruit bowl Freshly Baked Bread	Salad and fruit bowl Freshly Baked Bread	Salad and fruit bowl Freshly Baked Bread	Salad and fruit bowl Freshly Baked Bread	Salad and fruit bowl Freshly Baked Bread
<b>Dessert</b>	Chocolate Muffin	Jelly and Fruit	Oaty Raisin Flapjack	Tray Bake and Custard	Yoghurt and Fruit Platter