

# **PSHE - Curriculum Statement**

### Intent

At The Willows we believe that PSHE is a vital subject to develop children as well rounded citizens. We aim to enable children to develop a deepening knowledge of their health and wellbeing, including their mental and physical health. We also aim to equip children and young people with information, skills and values to understand and to be able to cope with the physical and emotional changes that happen during puberty. We believe a high quality, evidence-based and age-appropriate teaching of PSHE can help prepare pupils for the opportunities, responsibilities and experiences of adult life and also help to promote the spiritual, moral, social and cultural development of pupils. With an ever changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community. Weaving through the heart of our PHSE curriculum, is the commitment to promoting our core school values of resilience, ambition and respect and the UNICEF CRC.

# **Implementation**

### Curriculum

We follow the 'Jigsaw' curriculum using the recommended resources and activities from Nursery to Year 6.

### **Key Concepts**

Each year group are taught the same 6 key puzzle pieces within the 'Jigsaw' curriculum throughout the year at the same time. Being Me In My World, Celebrating Differences, Dreams and Goals, Healthy Me, Relationships and Changing Me. Each puzzle piece is designed to cover a different aspect of PSHE at an age-appropriate level.

## **Subject Specific Approach**

PSHE is taught weekly across the school from EYFS to year 6. Lessons vary from discussion based/ circle time activities to reflections and responses to pictures and writing. High quality resources are available to support and enhance staff delivery.

## **Impact**

### **Pupil Voice**

Pupils are able to speak confidently about the importance of concepts within the 'Jigsaw' curriculum including diversity, equality, friendships, growth mind-set and trust. Children will also be able to talk about appropriate actions that will keep them safe in certain situations.

# **Evidence of Knowledge and Skills**

Knowledge and skills are evidenced in a variety of ways. Ranging from work in PSHE books to ongoing assessment opportunities during lessons and half-termly assessment summary sheets completed by teachers which are then shared with the Subject Leader and Curriculum Lead.

### Resilience

Resilience is a key theme woven throughout most jigsaw sessions and features heavily in discussions as well as in written work.

#### **Ambition**

Ambition is explored and promoted within the unit 'Dreams and Goals'. This allows the pupils to explore not only what they would like to achieve in their future, but looking at and planning small and achievable steps to get there.

### Respect

Respect is promoted at the start of every PSHE lesson at The Willows. The 'Jigsaw' charter is displayed highlighting rules such as 'listening to everybody's opinions' and keeping themes discussed within the class/year group private.