

The Willows Autumn Menu Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|--|---|----------------------------|--|--------------------------------------|
| Mains | Salmon Pasta bake | Sausage whirl | Pasta Bolognaise | Chicken curry | Cheese and Ham Panini Tuna Panini |
| Vegetarian option | Macaroni Cheese Garlic Bread | Vegetable Pasty | Quorn curry and rice | Wholemeal Pasta and roasted vegetable bake | Cheese Panini |
| Sides | Green beans | New potatoes Baked beans Broccoli | Carrots | Rice Sweetcorn | Chips Corn on the cob |
| Jacket Potatoes | Fillings Cheese & beans | Fillings Cheese & Tuna | Fillings Cheese & Beans | Fillings Cheese & Tuna | Fillings Cheese & Beans |
| Salad bar | Freshly prepared daily salads, bread and chopped fruit | | | | |
| Dessert | Fresh fruit slices with flavoured yogurts | Sliced fruit platter | Iced fingers | Cheese and crackers | Frozen yogurt |